



Barrack Spine & Joint Medicine

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Patient's Guide to the First Office Visit

1. Allow plenty of time (at least two hours). First visits include paperwork and the physician will need to have a complete history and in certain cases x-rays of MRI studies may be ordered.
2. Bring all enclosed paperwork **completed**.
3. Bring the **name, address** and **phone number** of your **referring physician**.
4. Bring any **pertinent medical records**. You do not need all notes from all doctors.
5. Bring a copy of the most recent **X-rays, CT scans** and **MRI reports** with you.
6. Bring the most recent **Lab reports**.
7. Bring your list of medications and dosages including any vitamins or other over the counter medications.
8. Bring a copy of your last **surgery or procedure report** if it pertains to your situation.
9. If you are on strong pain medications you will need to provide your pharmacy number, the date of your last refill and the name of the prescribing physician and the date of the last visit you had with that doctor.

You may visit our website for more information about Dr. Barrack and her specialty.

www.BSJMedicine.com